



Sunday 1st March 2020 at the Red Beach Surf Club

Registrations from 1.00pm Briefing 2.00pm Start 2.30pm.
Age Limit - Swimmers to be 14 Years and Over

Distance 1.5km and 3km **Course** 1.5km circuit, starting directly in front of Red Beach Surf Club.

Caps All swimmers required to supply and wear coloured caps for safety.

Wet suits Swimmers who could possibly be at risk from cold conditions are encouraged to wear wet suits as your safety is our first concern.

DEYAL COSGROVE AWARDS

For 3 kilometre swimmers without wet suits. First Male - First Female

Cut off time is 1½ hours after start.

Hot showers and refreshments available at the end of the swim.

Note: If the conditions on the day are judged by the Safety Officer to be unsafe to complete the event, a shorter alternative swim may be held in its place.

Certificates will be presented to 1st, 2nd & 3rd placegetters.

Spot prizes will be given out at the end of the event.

Entry Fee: \$25.00 Cheques to be made out to Roskill Masters or by internet payment to **12 3043 0197417 00**
Please ensure that you include RB Swim and your name, as reference.

Entries Close: Friday 21 February 2020

Late entry fee: \$35.00 (Late entries accepted on the day 1.00pm - 2.00pm)

Enquiries: epmanko@gmail.com Ph: 09 620 5529 Website: www.redbeachslsc.com



Entry Form

Red Beach Open Water Swim

Sunday 1st March 2020

Name Age Male / Female

Address Phone

Email Club

Emergency Contact Name Phone

Please circle the appropriate classifications: Distance / if wetsuit used / club affiliation



1.	Distance racing	2.	Using a wetsuit
	1.5 km 3.0km		Wetsuit No Wetsuit
3.	Affiliation		
	Masters Swim Club Triathlon Surf Club Unaffiliated		

Waiver and race conditions

- I acknowledge that ocean swimming involves risk from various causes, and confirm that I am confident that I have done sufficient training to compete in this event and agree that I enter at my own risk.
- I accept all risks flowing from my participation and release all persons or organisations (including Red Beach Surf Life Saving Club and Roskill Masters Swimming Club) associated directly or indirectly with the conduct of the event from all claims, demands and proceedings arising out of my participation and I hereby indemnify them against all liability (including liability for their negligence and the negligence of others) for all injury, loss or damage arising out of or connected with my participation in this event. This release and indemnity continues forever and binds my heirs, executors, personal representative and assigns.
- I will advise the event organisers should any information on my entry form need to be updated e.g. emergency contact details.
- I understand that the safety precautions undertaken by the event organisers are a service to me and are not a guarantee of my safety, and agree that it is my responsibility to listen to all pre-event safety briefings and to immediately seek clarification from an event official if anything is not clear to me.
- I consent to receiving any medical treatment that the event organisers reasonably consider to be desirable during or after the event.
- If the event is cancelled due to poor weather, rough seas or any other condition beyond the control of the organisers, I accept that my entry fee will not be refunded.

Waiver and Release Statement I declare that I have read and understood the race conditions laid down for the event and I am competing at my own risk.

Signed: Date:

Send to Eugene Manko, Roskill Masters, 1/22 Parau Street, Three Kings, Auckland 1041
or Email to epmanko@gmail.com